I love my satellite radio. I was so tired of the "local" clear channel agenda that I heard on every station I listened to in the DC area that I just had to try out satellite radio. I don't have a long commute, but after having it for a couple of months I can't live without it. I have it in both my cars now and my office. The traffic reports are great. The reports are predictable and they are not in a rush to get back to commercials. The reporter is able to cover the entire DC area in one report. On the local stations most of the time you just get a portion of the area in a report.